

Date: 9/11/25

PREP EEC/CSPP/PALS LAUSD Breakfast, Lunch, Snack Menu

October 13 – 17, 2025

National School Lunch Week

	Monday 10/13	Tuesday 10/14	Wednesday 10/15	Thursday 10/16	Friday 10/17
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée	Cinnamon French Toast V	Morning Magic Bagel V	NEW/LTO- Turkey Sausage & Pancakes	Yogurt 4 oz. & Crackers V	Deluxe Cereal Bowl V
Fruit	Fresh Fruit	Fresh Fruit	Perfect Pears	Fresh Fruit	Fresh Fruit
Milk (6 oz.)	Milk	Milk	Milk	Milk	Milk
Condiments	-	Cream Cheese, Strawberry Jam	-	-	-
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Entrée	Cheeseburger Sliders	Pepperoni Pizza Wedge OR Cheese Pizza Wedge V	Turkey Breast Sandwich, 1/2 OR Turkey Breast & Cheese Sandwich	NEW- Beef Bibimbap Bowl	Breaded Chicken Sandwich
Vegetable	Cherry Smooth Cup	Potato Smiles	Orange Medley Juice	<i>Vegetable in Entree</i>	Romaine Mix Salad
Fruit	Fresh Fruit	Frozen Peach Cup	Fresh Fruit	Fresh Fruit	Mixed Fruit Cup
Milk (6 oz.)	Milk	Milk	Milk	Milk	Milk
Condiments	Ketchup, Mayo, Mustard	Ketchup	Mayo, Mustard	-	BBQ Sauce, Ketchup, Mayo, Mustard, Ranch
SNACK	SNACK	SNACK	SNACK	SNACK	SNACK
Grain	Cheez-It Crackers	Food & Nutrition Crackers	Cheez-It Crackers	Food & Nutrition Crackers Cheese Plank	Belvita Cinnamon Crackers
Milk, 6 oz. OR Meat/Meat Alt	Milk	Mango Yogurt 4 oz. V	Milk	Milk	Milk

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk: Offer One Milk Choice - Low-Fat Unflavored Milk 6 oz. However, if requested by parent/guardian, an individual carton of Unflavored Fat-Free Milk or Unflavored Fat-Free Lactose Free Milk may be given to a specific student.

Deluxe Cereal Bowl

Cinnamon Toast Crunch	Honey Cheerios
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Fresh Fruit – Order no more than 3 different fresh fruits per day:

Apple Slices, Red	Banana	Kiwi	Pear, Bosc
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